

Summertime ourtyard Lunchtime menu Café Served from 11.30am to 2.30pm

# **SANDWICHES**<sup>A</sup>

All our sandwiches and hot baps are served with either crisps and side salad (grown in our outside vegetable garden) or a small portion of our signature chips. Made with fresh bloomer bread.

Smoked salmon, cream cheese and rocket	£9.25
Cheese and spring onion with mayonnaise (v)	£8.25
Egg mayonnaise and mustard cress (v)	£8.25
Ham & mustard	
Tuna with lemon mayonnaise and cucumber	£8.25
Prawn, rocket and marie rose sauce	£9.25
Coronation chicken	£9.25
Coronation chickpea (ve)	£8.25

# **TOASTED SANDWICHES**

#### Made with toasted bloomer bread

Chicken and pesto	£9.50
Tuna, red onion and cheese	£9.50
Honey roast ham with cheese	£9.50
Bacon and brie with cranberry	
Cheese and red onion marmalade (v) (can be made vegan)	

## HOT BAPS

6oz steak burger with tomato ketchup	£10.50
Chicken burger with mayonnaise	
Battered fish goujons with tartar sauce	
Falafel in sweet chilli sauce (v) (can be made vegan)	

## SALADS

All of the above cold sandwich fillings can be used to make into a fresh and tasty salad, served with coleslaw and bloomer bread for £10.50

## HOT SALADS

Chicken pesto salad $^{\bigtriangleup}$	£11.00
Chicken pesto salad <sup><math>\triangle</math></sup> Crispy bacon and feta cheese <sup><math>\triangle</math></sup>	£11.00
Battered fish goujon	
Falafel (v) (can be made vegan)	

#### JACKET POTATOES<sup>A</sup>

All of the above cold sandwich fillings can be used as a jacket potato topping .... £9.50 Served with a side salad Also available with cheese and beans (v)

gluten free can be made gluten free on request Vegan Vegetarian

Please make us aware of any allergies or dietary requirements when placing your order. Whilst every care is taken when preparing your food, we cannot guarantee dishes are free from allergens.



# **COURTYARD MAIN MEALS**

Homemade soup of the day (v)^ $\!\!\!\!^{\bigtriangleup}$ £5.50 Served with bloomer bread
Quiche of the day£8.95 Served with coleslaw and a side salad
Ham, egg & chips* <sup>A</sup> £11.95 Three slices of locally sourced honey roast ham, served with two fried free-range eggs and our signature chips
Egg & chips (v) $^{\triangle}$ £8.95 Two fried free-range eggs and our signature chips, served with a slice of bread and butter
Wholetail scampi & chips*£11.95 Scampi deep fried in golden breadcrumbs, with mint-infused garden peas and our signature chips
Falafel & chips (can be made vegan) (v)*£11.95 Served with salad, signature chips and a sweet chilli sauce
Ploughman's lunch£12.50 Honey roast ham, pork and leek sausage roll, Cheddar cheese, Garstang blue, red onion marmalade, pickled onion, sliced red apple, crusty bread & butter
Fish goujons, chips & peas*£11.95 Served with peas and our signature chips

#### SIDES

Bowl of our signature chips (v) <sup>4</sup>	. £3.50
Bread and butter (v) $^{\triangle}$	£2.00
Bowl of coleslaw (v) <sup>▲</sup>	£2.00

#### **FRESH CAKES** served all day

All of our cakes, scones and tray bakes are baked fresh on site by our talented chefs. Please see the counter for today's selection

#### Please ask to see our children's menu

#### Thank you for your visit

All proceeds from The Courtyard Cafe go straight back to helping St John's Hospice continue to care for our community when they need us most. Thank you for your custom and support!

Please make us aware of any allergies or dietary requirements when placing your order. Whilst every care is taken when preparing your food, we cannot guarantee dishes are free from allergens.